

Orange County Nursing Home Community Advisory Committee
Meeting Minutes, March 6, 2018
5:30pm, Seymour Center, Chapel Hill, NC

CALL TO ORDER by Vibeke Talley, Chair

- **Members Present:** Martha Bell, Autumn Cox (Area Ombudsman), Jackie Podger, Jerry Ann Gregory, Carol Kelly, Mary Fraser (Department on Aging), Karen Macklin, Vibeke Talley (Chair), Susie Deter
- **Members Excused:** Jerry Schreiber
- **Members Absent:** Molly Stein, Jennifer Moore
- **Guests Present:**
 - Cherie Rosemond, PhD, Director, Partnerships in Aging (works w/students with focus on nursing home care)
 - Stephanie Miller, MSW, former SW MSW Intern w/ the county DOA, currently employed at the Shepp Center, UNC; hopes to join committee membership

OLD BUSINESS

- **Discussion/Approval:** January 2, 2018 Minutes: Correction: Ombudsman Report: Autumn reported on emergency preparations; Chapter with new nursing home regulations currently on hold. With corrections, Minutes of Jan 2, 2018 were approved .

NEW BUSINESS

- **Discussion with Dr. Cherie Rosemond re:** committee's hope to better define "quality of life" as we move through visitations in our community. OCNHCAC members would like to have a better grasp on this topic and invited Cherie to help us to better understand what the term entails. Following a lengthy and lively discussion the following points, made by Cherie and committee members, were:
 - Any perception of "quality" rests with the individual themselves;
 - How a committee member approaches and interacts with a resident through observation can help to determine different aspects of the resident's sense of quality. We can use our visual and smell senses to determine hygiene, some comfort elements; also interaction between resident and staff member can reveal caring nature and abilities on the staff's part
 - Our wording of questions for more than a "yes" or "no" response can help the resident expand the conversation.
 - Cherie mentioned the results of a study she had read during her doctoral work: when researchers asked residents what they considered the most important for them the answers were: being more outdoors and having the ability to speak directly to their doctor without having to have an intermediary, e.g., nurse at the facility
- **Vote on Potential New Member:** Further discussion was held with Stephanie regarding her interest in joining our committee and what she felt she could bring to our group. Afterwards she, and Cherie, were thanked for their comments and left the meeting.
- **Ombudsman Report:** Autumn provided the following:
 - New formats for the quarterly Visitation Report which she had emailed to committee members prior to the meeting. The main change is the elimination of the "a.; b.; c.;" sections underneath each category. The questions are now more general with the intent

of making the report easier in terms of formatting and space available for comments. (As an aside, we received a corrected copy of the PDF format on March 7th, with her asking that it be used for reporting).

- Member activity reports are due to her at the end of March;
 - Please forward a copy of all visitation reports sent to the Committee Chair also directly to Autumn's office.
 - No word yet on the opening of the new nursing home in Chapel Hill;
 - The May 2018 meeting will be her last prior to maternity leave.
- **Site Visit Reports:**
 - Brookshire Senior Living (Feb 6, 2018) : Accepted; no changes
 - Carolina Pointe (Feb 27, 2018): Accepted with changes.
 - Carol Woods (Feb 23, 2018): Accepted with changes
 - **Department on Aging Report:** Mary announced:
 - Her retirement from the DOA effective as of June, 2018. Her successor has not yet been named.
 - Nominations for the annual Direct Care Worker Awards are open through April 30. They can be made on-line via the OCDOA website (www.orangecountync.gov/aging). We're asked to remind Administrators and DONs about the time line to enthusiastically recommend nomination of their best workers. There are 5 categories and a single person can be nominated in one or two at the same time: Client Impact, Leadership, Beyond the Call of Duty, Rising Star, and Longevity. Eligible criteria are listed on the OCDOA website along with the nomination form. The Awards ceremony is at the Passmore Center, Wednesday, May 24, 4:30pm – 6:30pm. All committee members are welcomed and urged to attend.
 - **Election of Chair:** Vibeke Talley has completed her year as chairperson. Although, by regulation, the chair is a one-year position, Vibeke said she was willing to serve another year. Members happily reelected Vibeke and thanked her for her remarkable efforts of the past year.
 - **July 2018 Meeting Date:** Committee members agreed to move the July 2018 meeting from 3 July (prior to the 4th July holiday) to the following Tuesday, July 10
 - **Reminders:**
 - **Visitation Reports:** due when visit is completed.
 - **Next Meeting:** Tuesday, May 1, 2018

Respectfully submitted,

Martha Bell, Secretary