

Isolation and Quarantine Guidelines

If you've been around someone who has COVID-19:



Are you up to date* with your COVID-19 vaccines?



YES

NO



Days 0-5*
Wear a mask in public and at home.



Days 1-5
Stay at home.



Day 5
Get tested for COVID-19.



If negative, continue to wear a mask around others for 5 days.



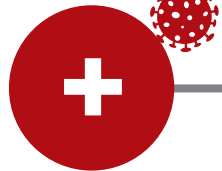
If positive or feel sick, continue to stay at home.

* "Up to date" means a person has received all recommended COVID-19 vaccines, including any booster dose(s) when eligible. Treat "Day Zero" as the first day you experienced symptoms. If you received a positive test but are asymptomatic, treat "Day Zero" as the day you tested positive.

If you test positive for COVID-19 or have symptoms:



Positive test result or symptoms begin.



Days 0-5
Isolate at home 5 days, even if you're vaccinated.

Day 6
How do you feel?



Days 6-10
Continue to wear a mask in public and at home.



Stay home until no more symptoms.



Continue to stay away from other people.

www.orangecountync.gov/coronavirus