

# Aging in Place Work Group Meeting 3

Orange County Department on Aging  
2012-2017 Master Aging Plan



# Welcome!

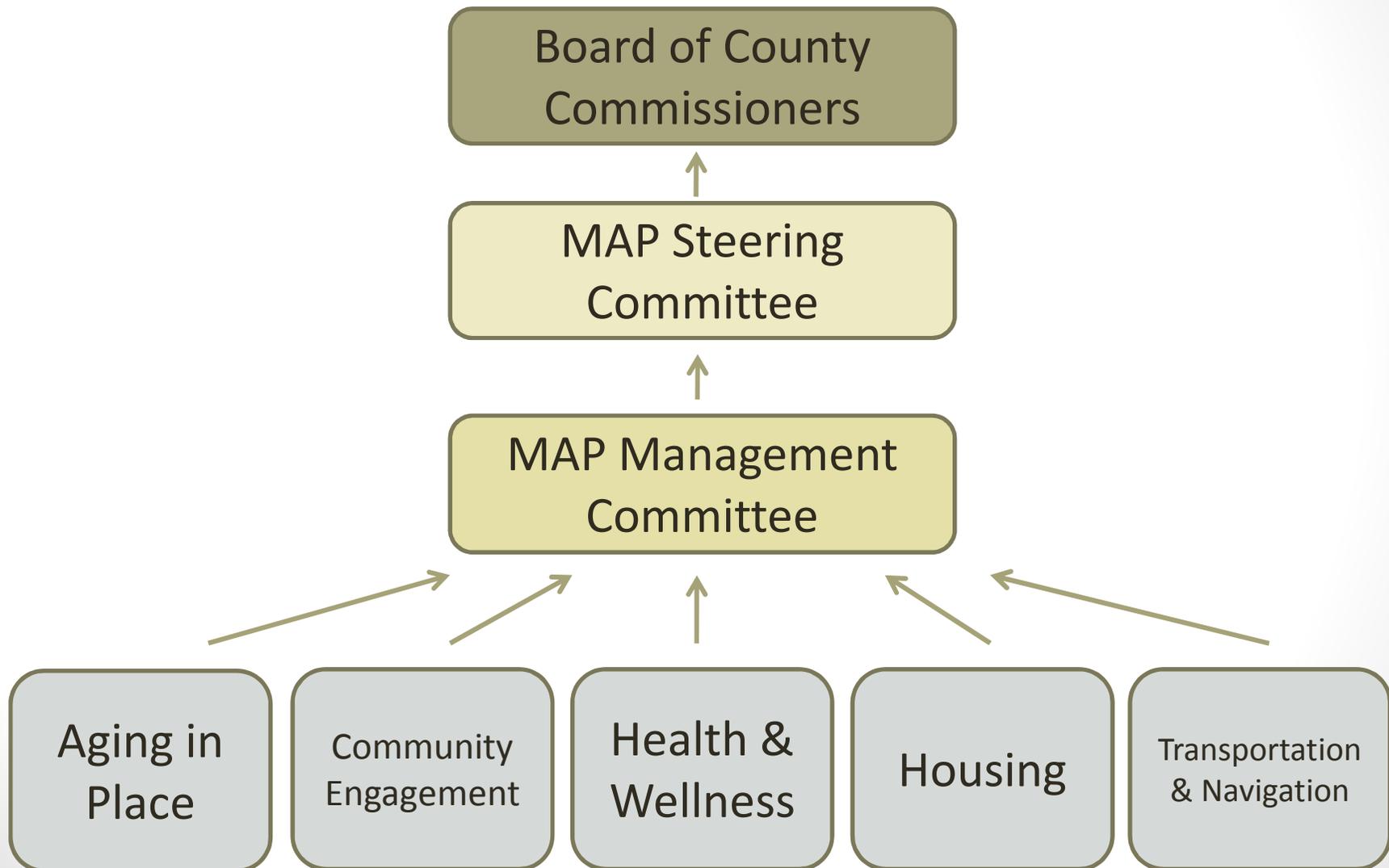
## **Introductions**

- Name
- Organization, Affiliation, or Interest

# What is the Master Aging Plan (MAP)?

- Strategic planning process conducted every 5 years
- Outlines anticipated need for county government services due to an aging population
- Community-oriented and collaborative
- Approved by the Board of County Commissioners
- Funding allocated according to outlined goals and objectives
- Orange County was the first NC county to create a MAP

# MAP Participant Structure



# Overlapping Issues

## **1. Health and Wellness**

Mental Health  
Physician Education

## **2. Housing Options**

Long-Term Care

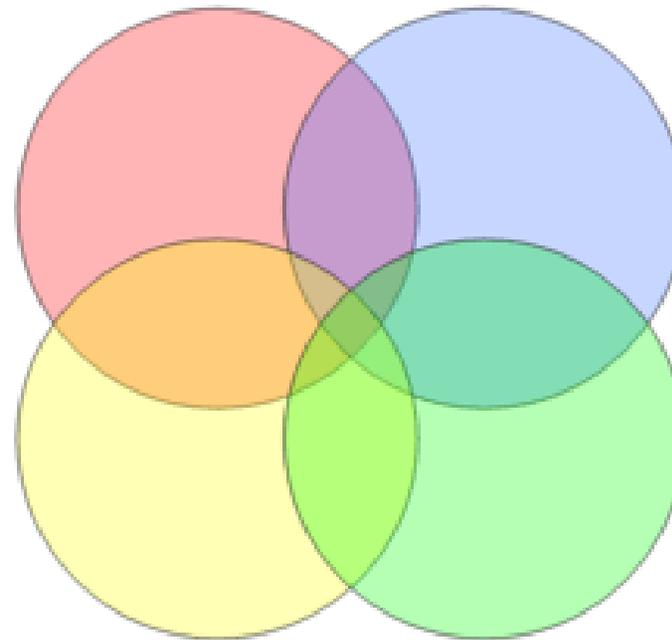
## **3. Navigation and Transportation**

## **4. Aging in Place Supports**

Food and Nutrition  
Safety and Security

## **5. Community Engagement and Information Access**

Public Education



# Cross Cutting Issues

1. Affordability and Economic concerns
2. Geographic equity
3. Attention to under-represented groups
4. Workforce preparation
5. Information dissemination

# Community Input Themes:

- (1) Adults in Orange County value aging in place and expect to age in their own homes.
- (2) “There is Chapel Hill, and then there is Orange County.”
- (3) Communities provide a valuable support system for those aging in place.
- (4) Information sharing about resources to support people as they age is important.

# Work Group Process: Meetings 1 and 2

- **Meeting 1: “Where We’ve Been and Where We’re Going”**
  - Review of MAP Process
  - Overview of work group process
  - Identify important work group subtopics
  - **Homework:** Research questions: what services exist or are possible? Does it exist in Orange County already? Note adequacy, quality, and equity. What more/different is needed?
- **Meeting 2: “Uncovering needs and issues”**
  - Members review what they have researched
  - Discussion of what services need protection, need to be improved, and need to be expanded
  - **Homework:** Identify barriers and facilitators of solution success

# Today's Agenda – Meeting 3

- **Meeting 3: “Focus on Solutions”**
  - Review problems and solutions worksheet
  - Group brainstorm solutions and add specifics/details
  - **Homework:** Fill out worksheet evaluating solutions according to several criteria

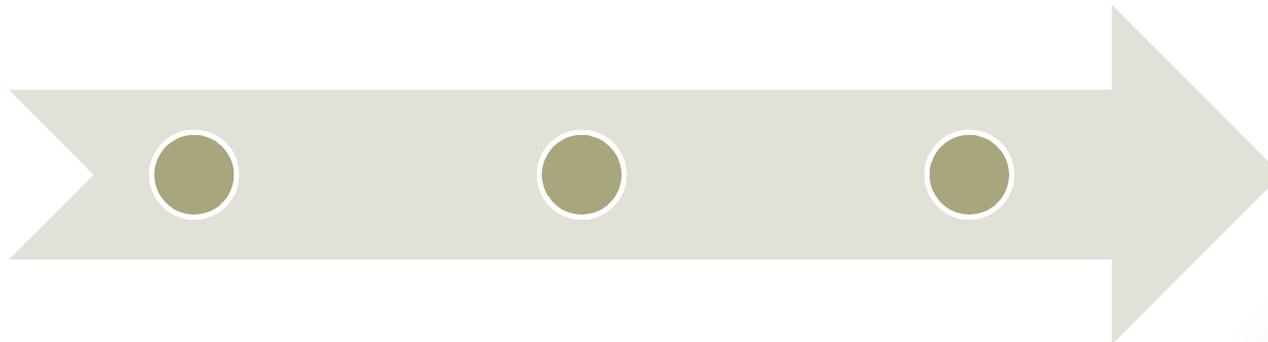


# Meetings 4 & 5

- **Meeting 4: “Evaluate Solutions”**
  - Review and discuss homework – break into small groups according to subtopic and discuss your evaluation using criteria provided
  - Each small group reports back on discussion
  - Eliminate any solutions that group agrees are not viable
  - **Homework: Fill out online survey to prioritize solutions**
- **Meeting 5: “Prioritize Solutions & Outline Strategies”**
  - Review results of online survey
  - Finalize prioritized solutions
  - Brainstorm specific strategies to implement solutions

# After Meeting 5

- Put prioritized solutions and strategies together in draft MAP plan, align with State Goals (mid to late February)
- Get input from MAP Management Team, Aging Advisory Board, and Work Group Members (late February)
- Present draft MAP plan for public comment (March)
- Finalize MAP plan (late March to early-mid April)
- Present to Board of County Commissioners (late April)



# Today: Problems & Solutions Worksheet

- ❖ We will discuss solutions according to subtopic, so try to stick to one problem at a time.
- ❖ Summary of problems and solutions discussed so far
  - Are any problems missing?
  - Do the solutions already listed adequately reflect our past discussions?
- ❖ In our discussion about solutions, please think about:
  - How can we address barriers and facilitators to create effective solutions?
  - What solutions need to be added to the worksheet?
  - How can we make these solutions more detailed and specific?



# Revisiting our Ground Rules

1. There are no bad ideas or solutions
2. Participate! We want to hear from everyone, make sure to let others participate, too.
3. Listen respectfully to others
4. Mind the allotted time on the agenda
5. Use plain language (limit acronyms and jargon)
6. Assume best intentions



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# Next steps

- Finalize Problems & Solutions worksheet (Marcia)
- Compile Solution Evaluation worksheet (Homework) for each subtopic (Marcia)
  - You will receive the homework via email by the end of the day tomorrow (Friday).
  - Or you can elect to receive the homework via mail if you prefer (please provide your address).
- You can evaluate all of the solutions or choose to evaluate specific subtopics
  - Keep in mind that, because of limited time, you will be asked to break into small groups according to subtopic at our next meeting.
- Please bring your homework with you to our next meeting and be prepared to discuss your evaluations.

# Homework

## Using Criteria to Evaluate Solutions

- Importance
- Reach
- Equity
- Feasibility
- Efficacy
- Cost

**Note:** This will NOT be used as the final prioritizing criteria. These criteria are meant to provide a framework for you to analyze and evaluate each solution.

# Homework example

Potential Solution	Importance (low, med, or high)	Reach (low, med, or high)	Feasibility (low, med, or high)	Efficacy (low, med, or high)	ST, MT, LT (pick one)	Agency Responsible
1. Offer workshops at the Senior Center once a month on aging in place services available in the community						
Additional notes:						
2. Establish a non-profit or community working group						
Additional notes:						
3. Create an aging in place specific help line						
Additional notes:						
4. Create a mobile aging in place information table/event, go around the county to different events/places (i.e. churches) that seniors frequent						
Additional notes:						
5. Train aging liaisons (EMS, police, sheriff, MDs, etc.) on services available. Create mechanism to update/train them periodically						
Additional notes:						

# Importance

## Evaluation Criteria for Homework

- Is this proposed solution a priority right now?
- Are there more pressing solutions to this problem that, in your assessment, take precedence over this solution?
- Please indicate a score of low, medium, or high.
- A score of “low” signifies that this is a solution of minor importance.
- A score of “high” indicates that this solution is very important and addresses pressing concerns.



# Reach

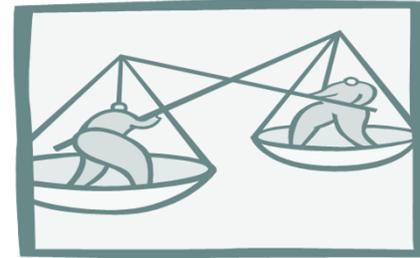
## Evaluation Criteria for Homework

- Asks how much of the population of older adults in Orange County will this impact?
- Please indicate a score of low, medium, or high.
- A score of “low” signifies that the solution will impact a limited number of people (for example, only residents in a certain neighborhood).
- A score of “high” indicates that this solution will have an impact on all Orange County older adults.



# Equity

## Homework Evaluation Criteria



- Asks if this solution specifically addresses the needs of particular subgroups of the population (i.e. certain income levels, vulnerable populations, Medicaid recipients, refugees, etc.)?
- Please indicate a score of low, medium, or high.
- A score of “low” signifies that this solution does not specifically address the needs of a particular subgroup(s).
- A score of “high” indicates that this solution will have a significant impact on the needs of a particular subgroup(s).

# Feasibility

## Homework Evaluation Criteria



- Asks how difficult will this project be to implement?
- Does it require a lot of political will or advocacy?
- Does it require a lot of staff, resources, funds and/or expertise?
- If it requires funding, is funding available?
- Are there existing programs, services, or organizations that it can be incorporated into?
- Please indicate a score of low, medium, or high.
- A score of “low” signifies that this solution will be difficult and/or challenging to implement.
- A score of “high” indicates that this solution can be implemented with minimal difficulty, perhaps because it draws upon existing resources and/or has a lot of community support.

# Efficacy

## Homework Evaluation Criteria

- Asks how effective this solution is at addressing the problem.
- There are a number of questions you could ask that may or may not be relevant to a particular solution:
  - ✓ Does it have an impact in addressing the entirety of the problem or does it just make a small dent?
  - ✓ Has this solution been shown to be effective in other places?
  - ✓ Among the solutions we have identified to address this problem, are there others that may be more effective?
  - ✓ Does it create long-lasting, sustainable change (for example, a far reaching policy)?
- Please indicate a score of low, medium, or high.
- A score of “low” signifies that this solution is mildly effective while a score of “high” indicates that this solution is very effective in addressing the problem stated above.

# Other considerations

- **ST, MT, LT**

- Stands for short-term, medium-term, and long-term.
- Please indicate whether you believe this is a short-term (ST) solution (within one year), medium-term (MT) solution (two to five years), or long-term solution (greater than five years).

- **Agency Responsible**

- Asks which agency, individual, or organization should be responsible and/or involved with the implementation of this solution.
- You may list more than one.
- You may also indicate that the creation of a new organization or group is necessary.

- **Additional Notes**

- Please explain your scores and provide any additional comments or questions to pose to the work group.

# Thank you for your participation!

Please fill out your evaluation forms and leave them at your seat.

Please provide your address if you would like the homework mailed to you.

**Look for an email in the next several days with:**

- 1) Homework to be completed by next meeting
- 2) Copy of PowerPoint Slides
- 3) Meeting 5 Doodle poll

**Next meeting: Friday, January 27<sup>th</sup>  
12:30 PM – 3:00 PM**

