



Pop Quiz

Q. Is it time for family planning?

A. If **any** of these apply to you, then it's time for family planning care:

1. I'm sexually active.
2. I don't know what my birth control options are.
3. I don't use a condom every time I have sex.
4. I don't know the dangers of having unsafe sex.
5. My partner and I are ready for children.
6. My partner and I are not ready for children.



Contact Us

HILLSBOROUGH

Whitted Human Services Center
300 West Tryon Street
Hillsborough, NC 27278
Phone: 245-2400

Call for an appointment

Bus Route: TTA 420
(Stops near corner of N. Churton and
W. Tryon Streets)

CHAPEL HILL

Southern Human Services Center
2501 Homestead Road
Chapel Hill, NC 27516
Phone: 968-2022

Call for an appointment

Bus Route: Chapel Hill Transit A Route
(Stops in front of building)

www.co.orange.nc.us/health



Pregnancy:
Ready or Not,
Learn About
Family Planning





“The staff was very friendly and made me feel comfortable, which is very important to me. They took time to explain everything they did.”

- Client Survey Comment

About Us

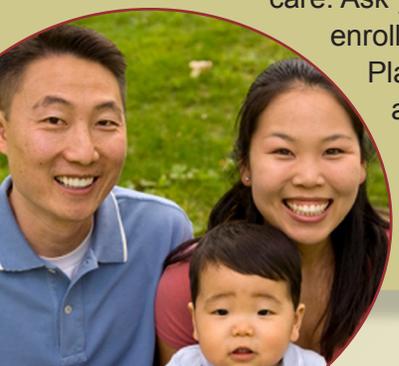
Services

What's Family Planning?

The goal of family planning is to help a person decide whether or not they are ready to have a baby. Family planning clinics give you the care and education needed to either prevent an unplanned pregnancy or prepare for a healthy baby.

About OCHD Family Planning

- The Orange County Health Department (OCHD) offers confidential family planning care to adult and teen females and males.
- Clients are seen in our Hillsborough and Chapel Hill clinics Monday through Friday.
- Partners of family planning clients can also be seen in our clinics for medical care. Ask your partner to enroll in OCHD Family Planning to stay safe and healthy too.



What We Offer:

- Physical Exams
- Lab Services
- Education and Counseling on Many Health Topics
- Birth Control Methods
- Pregnancy Testing
- Emergency Contraception
- Medical Referrals as Needed
- Sexually Transmitted Disease (STD) Testing, Counseling, and Treatment
- Vasectomy Program Referrals (For Men 21 Years and Older)
- Sliding scale fees based on household income and family size (Family Planning Medicaid Waivers accepted)

Why Choose OCHD Family Planning?

- ✓ Same Day or Next Day Appointments
- ✓ Evening Clinic Hours Available
- ✓ Language Interpreter Available
- ✓ Caring and Kind Staff

What to Expect

Our clinical staff is ready to help you. When you come for your visit, you'll be asked to fill out forms asking for personal and family information. A clinician or nurse will take your medical history and provide your full physical exam. You will also get our family planning packet, which has materials on birth control, STDs, and nutrition.

Sick Care Available

Family Planning clients can also come to our Primary Care Clinic for treatment of illnesses like sore throats, flu, asthma, and diabetes. Call to learn more or ask during your visit!

