Housing Work Group Meeting 2

Orange County Department on Aging

2012-2017 Master Aging Plan

# Welcome!

Introductions

- Name

- Community Member, Organization Name

What is the Master Aging Plan (MAP)?

- Strategic planning process conducted every 5 years

- Outlines anticipated need for county government services due to an aging population

- Community-oriented and collaborative

- Approved by the Board of County Commissioners

- Funding allocated according to outlined goals and objectives

- Orange County was the first NC county to create a MAP

MAP Participant Structure
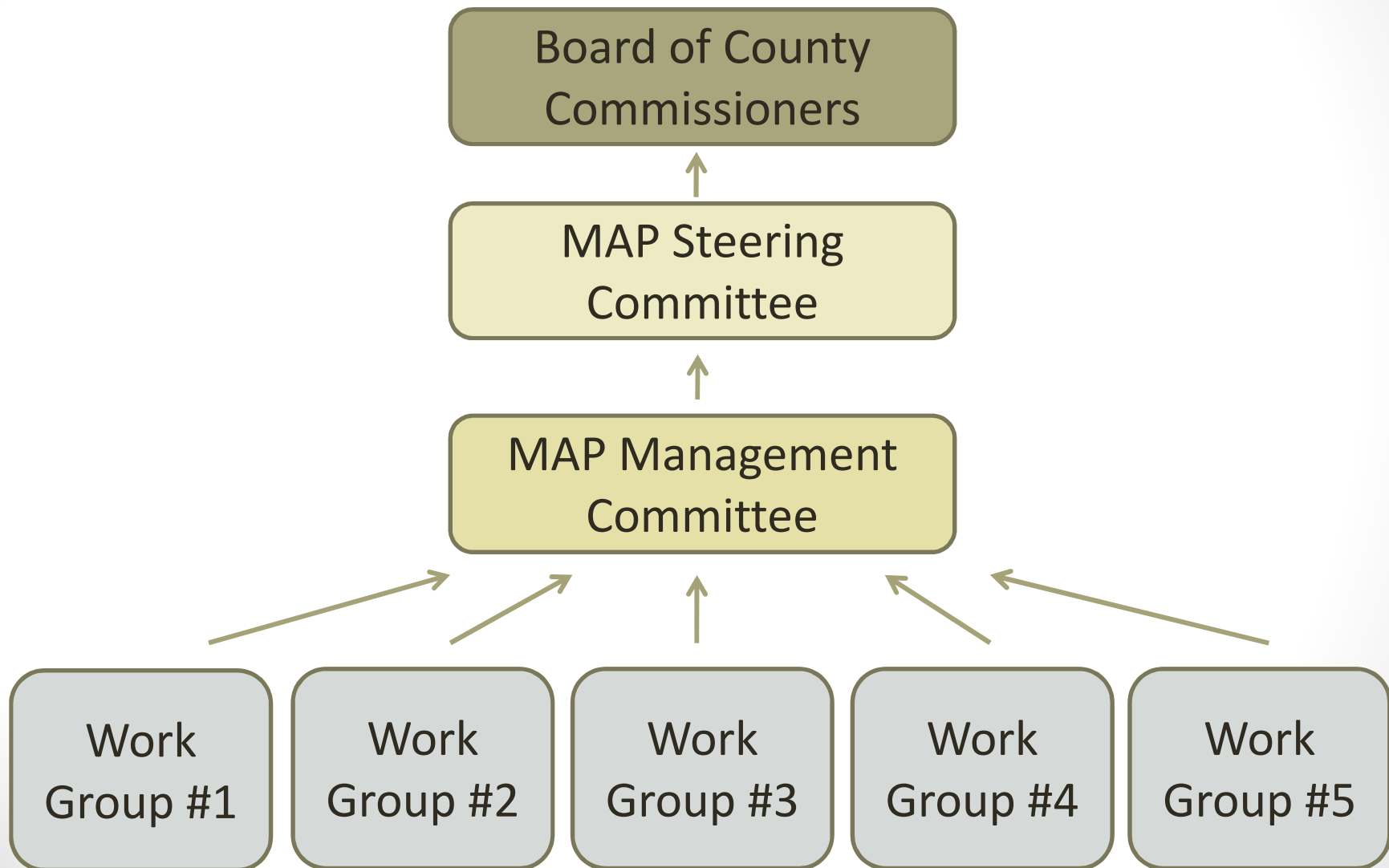
Workgroup Structure

Five Workgroups:

1. Health and Wellness
   Mental Health
   Physician Education
2. Housing Options
   Long-Term Care
3. Navigation and Transportation
4. Aging in Place Supports
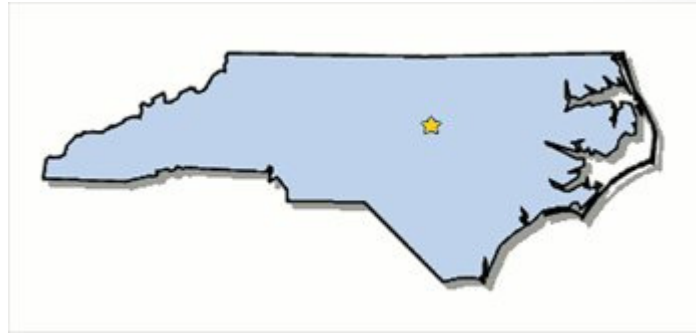   Food and Nutrition
   Safety and Security
5. Community Engagement and Information Access
   Public Education

Five Cross-Cutting Issues:

1. Affordability and Economic concerns
2. Geographic equity
3. Attention to under-represented groups
4. Workforce preparation
5. Information dissemination

State Goals

- Goal 1: Empower older adults, their families, and other consumers to make informed decisions and to easily access existing health and long-term care options

- Goal 2: Enable older adults to age in their place of choice with appropriate services and supports

- Goal 3: Empower older adults to enjoy optimal health status and to have a healthy lifestyle

- Goal 4: Ensure the safety and rights of older and vulnerable adults and prevent their abuse, neglect, and exploitation

State Goals, Cont.

- <u>Goal 5</u>: Empower older adults to engage in the community through volunteerism, lifelong learning, and civic activities

- <u>Goal 6</u>: Prepare North Carolina (Orange County) for an aging population

- <u>Goal 7</u>: Ensure an adequate direct care workforce for an aging population and opportunities for older workers

- <u>Goal 8</u>: Maintain good stewardship of publicly funded services

Overlapping Issues

1. Health and Wellness

    Mental Health

    Physician Education

2. Housing Options

    Long-Term Care

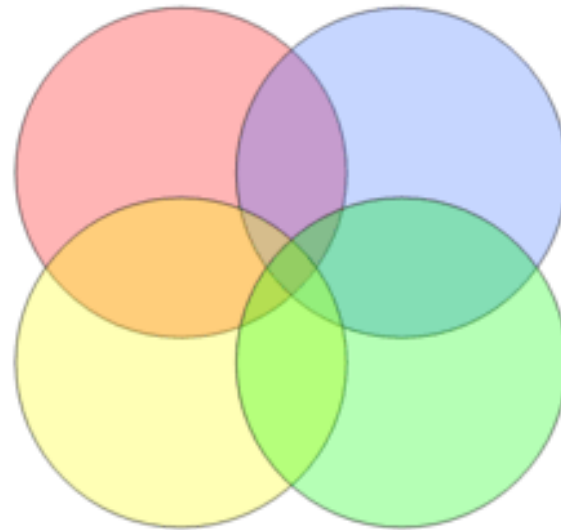**3. Navigation and Transportation**

4. Aging in Place Supports

    Food and Nutrition

    Safety and Security

5. Community Engagement and Information Access

    Public Education

Work Group Process: Meetings 1 and 2

- **Meeting 1: "Where We've Been and Where We're Going"**
  - Review of MAP Process
  - Overview of work group process
  - Identify important work group subtopics and split into subgroups as needed
  - **Homework**: Research questions: what services exist or are possible? Does it exist in Orange County already? Note adequacy, quality, and equity. What more/different is needed?

- **Meeting 2: "Barriers and Facilitators of Success"**
  - Discussion of what services need protection, need to be improved, and need to be expanded
  - Subgroups review what they have researched
  - Group brainstorm on possible solutions for each subtopic
  - **Homework**: Identify barriers and facilitators of success

Meetings 3 and 4

- **Meeting 3: "Focus on Solutions"**
  - Subgroups review their research findings, select viable solutions
  - Group brainstorm on strategies for implementation
  - **Homework**: Research cost and feasibility of strategies

- **Meeting 4: "Importance and Feasibility: Drilling Down to Objectives"**
  - Review research findings
  - Prioritize objectives and strategies
  - **Homework**: What will success look like? Research indicators

Meeting 5

- **Meeting 5: "What Will Success Look Like?"**
  - Review research findings
  - Select indicators of success for each strategy identified under each objective
  - Finalize recommendations for MAP objectives, strategies and expected outcomes
  - Submit work to MAP Management Team

Discussion: Ground Rules

1. There are no bad ideas or solutions

2. Participate! We want to hear from everyone

3. Listen respectfully to others

4. Mind the allotted time on the agenda

5. Use plain language (limit acronyms and jargon)

6. Assume best intentions

7. Other rules?

Meeting 1 Recap:
Housing Issues

Affordable Housing Options:
- Definitions of affordable housing range widely.
- Housing needs are high among people whose income is high enough to disqualify them from housing subsidies, but who do make enough money to afford non-subsidized housing in Orange County.

Housing Options:
- Need for rental housing options with some services.
- Need for shared housing options that do not deny individuals homeownership (co-housing)
- Umbrella organization service to help people set up co-housing - Charles House may be able to serve as this organization or assist in its creation.
- Community engagement and outreach for people who are interested in co-housing.
- Need to decide what kinds of housing count as long-term care.
- Modular "grannie flats" could be an option for older adults who choose/need to live with their children.

New Building and Regulations:
- Building more low-income housing may not alleviate long wait lists for the Town of Chapel Hill Developer interest, but difficulty finding buildable land.
- Little county-owned buildable land.
- Parking limits in the Town of Chapel Hill (Northside Neighborhood, Pine Knolls)
- Regulations on "grannie flats"
- Habitat for Humanity – Two lots designated for older adults or people with special needs in the Rush Hollow neighborhood.
- St. Paul's building project – Senior housing with some health services provided by Piedmont Health in the Rogers Rd. neighborhood.

Meeting 1 Recap:
Housing Issues

Co-Housing Resources:

- Pacifica - http://pacificaonline.org/
- Arcadia - http://directory.ic.org/3883/Arcadia_Cohousing and http://www.arcadiacohousing.org/
- Second Journey: http://www.secondjourney.org
- Co-Housing Informational website: http://www.cohousing.org/

Other:

- Robert suggested building a matrix of housing availability according to housing type and income level.
- MAP website is being created to share information. Rebecca will announce to the group when it is ready for use.

Review Housing Matrix

Sub-group discussions

a. **Owned and rental housing stock – Rebecca**
   e.g. affordable housing, single room occupancy apartments, grannie flats, Habitat development

b. **Subsidized Congregate housing stock – Mary**
   e.g. HUD housing, family care homes, assisted living

c. **Non-subsidized/shared congregate housing stock – Katherine**
   e.g. CCRCs, co-housing, shared housing, intentional communities

Large Group Discussion

Homework!
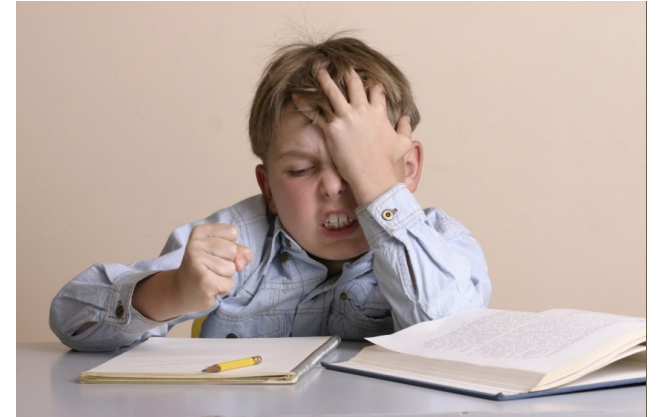
- Locate your sub-group discussion topic on the handout.
- **Identify the various barriers and facilitating factors we might face in expanding housing options for older adults** in Orange County

We will discuss what you find at the beginning of our next meeting!
Tuesday, January 24th at 1:00 p.m.

Thank you for your participation!

Look for an email in the next several days with:

1) Meeting minutes
2) Electronic copy of the homework assignment
3) Copy of PowerPoint Slides