



ANYONE CAN BE A **Mental Wellness Advocate**

Join expert Dr. Tanya Bass as she shares practical strategies and valuable insights to help break down stigma and foster greater understanding, empowering us all to become proactive advocates for better mental health.

This program is being presented using a virtual platform and with an in-person viewing option.

Tuesday, June 10 • 4-5:30pm

Zoom and Seymour Center, 2551 Homestead Rd, Chapel Hill, NC

FREE!
HYBRID PROGRAM



**Register by Tuesday, June 10 at
orangecountync.gov/BeYourAdvocate**

Hosted by the Project EngAGE Mental Wellness Senior Resource Team.

