

Center-Based Opportunities

Senior Center Support Programs

- Front Desk Team
- Garden Club/ Flower Arrangement Team
- Lunch Program Assistant
- Greeter/ Kiosk Team

Wellness Programs

- Blood Pressure Monitor Team (requires LPN or RN License)
- Administrative Assistant
- Fitness Center Monitor
- Exercise/ Health Instructor Team
- Senior Games Team
- Special Events/Projects

Multicultural Connections

- Chinese Connections Ambassador Program (Seymour)
- Language Accessibility Assistant
- Cultural/ Conversation Group Leader
- Educational Programs

Special Events/ Initiatives

- Jammers (cheer squad)
- Media- Film, Photos, Video
- Musicians
- Quilting
- Prime Time Players (theater)
- Special Events/Projects
- Teach Your Specialty
- Tappers
- Village Revue (choir)
- TechKnowledge/ Seymour Tech

Boards & Committees

- Friends of the Senior Centers
- Program Advisory Committee-Passmore
- Adult Care Home and Nursing Home Community Advisory Board
- Advisory Board on Aging
- Chinese Advisory Committee

Community-Based Opportunities

Aging Well Supports

- Volunteer Drivers Program
- Friend to Friend Team
- Telephone Reassurance Team
- SHIP: Senior Health Insurance Information Program (Medicare & Affordable Care Insurance Assistance & Education)
- Handy Helpers Team
- Endless Possibilities Delivery Team
- CSFP Food Box Program
- Mail and Budget Management
- Care Partner Peer Support Program

Dementia Support Teams

- Dementia Friendly Communities Team
- R Place Respite Program
- Memory Cafes

Project EngAGE & Senior Resource Teams

- Community Visitors/SALT Team
- Falls Prevention & Health Promotion Team
- End of Life Choices Team
- Neighborhood Connections Team
- Mental Wellness Team
- Intergenerational
- LGBTQ+

Volunteer Income Tax Assistance (VITA)

- Administrative Assistants
- Tax Preparers
- Appointment Schedulers
- Computer Specialist
- Receptionists

Please note: Community-Based Volunteer Positions require an addendum application

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About Volunteer Connect 55+

Mission

Volunteer Connect 55+ seeks to enrich the lives of Orange County residents, by engaging our residents as volunteers and/or as recipients of volunteer services. The VC55+ peer-to-peer and intergenerational engagement models encourage enduring and authentic connections between community members to ensure our residents who are aged 55 and older are aware of, engaged in and benefit from the services we provide.

Achieving the Mission

- Maintain a variety of both peer-led and department-directed programs to furnish volunteers with a diverse array of flexible and structured volunteer opportunities.
- Facilitate access to high-quality volunteer programs through senior center locations and throughout our Orange County community.
- Encourage volunteer leadership and creativity, and provide ongoing support and appreciation to all volunteers.

Three Guiding Principles

- 1. *Autonomy***: Volunteers have genuine ownership over projects with the freedom to contribute ideas and recommend modifications.
- 2. *Mastery*** Volunteers work toward self-actualization by cultivating and expanding new and existing skill-sets through individualized volunteer work.
- 3. *Purpose*** Volunteers can identify how their volunteer experience enriches their lives and provides a sense of meaning.