

# Dementia Basics

## What can we expect?

This four-part series is designed to provide basic information about dementia to individuals with memory concerns, caregivers, family members, friends, and interested community members.

MEETING	DATES	TIMES
Session 1: Brain Health	Monday, Oct. 6	2:30-4:30pm
Session 2: Types & Stages of Dementia	Monday, Oct. 13	2:30-4:30pm
Session 3: Communication	Monday, Oct. 20	2:30-4:30pm
Session 4: Preparing for the Journey Ahead	Monday, Oct. 27	2:30-4:30pm



To register call 919-968-2087 or email [agingtransitions@orangecountync.gov](mailto:agingtransitions@orangecountync.gov).

This program will take place in person at the Passmore Center, 103 Meadowlands Dr, Hillsborough, NC.



[orangecountync.gov/Aging](http://orangecountync.gov/Aging)