

# Advance Directives 101

We've spent time planning our lives — now it's just as important to plan for the end of it. Navigating the documents for end-of-life care can feel confusing and overwhelming, but you don't have to do it alone.

Join us for our Advance Directives 101 program, where you can connect with knowledgeable speakers, explore essential documents, and get the guidance you need. Bring your questions — we're here to help you plan with clarity and confidence. Light refreshments provided.

**FREE!**

**Thursday, Oct. 23 • 4-6pm**  
**Seymour Center, 2551 Homestead Rd, Chapel Hill, NC**



**Register by Tues., Oct. 21 at 919-968-2070**

*Hosted by the Project EngAGE End of Life Choices Senior Resource Team.*

