



Passmore Center Activity Calendar

February 2020

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						8:00am - 3:00pm VITA 8:00am - 2:00pm VITA 8:00am - 8:00pm Volunteer Connect 55+
8:00am - 8:00pm Volunteer Connect 55+	8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 10:00am - 10:50am Gentle Joy of Yoga 10:00am - 11:30am Jolly 79ers Club 10:00am - 10:50am Aerobics 10:00am - 12:30pm Open Pottery Studio 10:30am - 12:30pm American Sign Language II 10:30am - 11:30am Savvy Savers Couponing 11:00am - 11:45am Silver Sneakers-Mondays an 12:00pm - 12:30pm Birthday Party-February 12:30pm - 2:30pm Pottery Class-Mon 12:30pm - 4:00pm Contract Bridge	8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 10:00am - 11:00am Tap Dance-Intermediate 10:00am - 11:00am Inspirational Topics 10:00am - 1:00pm Passmore Piece Makers Quil 10:00am - 11:15am Strong and Steady 11:00am - 12:30pm Gyrokinesis Happy Moves 11:00am - 12:00pm Take off pounds sensibly 12:30pm - 1:30pm Passmore Singing Group 12:30pm - 5:00pm Acupuncture 1:00pm - 2:30pm Line Dance-Tuesday	8:00am - 3:00pm VITA 8:00am - 2:00pm VITA 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:20am Art of Balance 8:45am - 9:45am Pacesetter Class 9:00am - 11:00am Leatherworks 10:00am - 10:50am Aerobics 10:00am - 12:00pm Karaoke Sing A Long 10:30am - 12:00pm Nifty Knitters 11:00am - 11:45am Silver Sneakers-Mondays an 11:15am - 12:00pm Salli's Seated Workout 12:30pm - 2:30pm Beginning Pottery-Wed	8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:30am Hula Hooping 9:30am - 11:30am Blood pressure check 10:00am - 10:50am Gentle Joy of Yoga 10:00am - 11:30am Know the Code Air Quality 10:00am - 11:15am Strong and Steady 10:30am - 12:00pm Valentine Earrings 11:00am - 1:00pm Table Tennis 1:15pm - 3:30pm Flicks at Passmore 1:30pm - 3:30pm Advanced Watercolor 2:00pm - 3:30pm Retirement for Boomers 3:30pm - 4:30pm Laughter Yoga-Feb 6	8:00am - 11:00am Table Tennis 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 10:00am - 11:30am French-Beginning 10:00am - 1:00pm Open Artist Studio/Crochet a 10:30am - 11:30am Go Red! National Wear Red 11:00am - 11:45am Silver Sneakers Strength Fri 12:30pm - 4:00pm Contract Bridge 1:30pm - 3:30pm Open Pottery Studio 2:00pm - 3:00pm Cut the Cable Cord 2:00pm - 3:30pm Beginning Ukulele Lessons 2:00pm - 3:30pm Chat & Chew Movie Club 2:00pm - 5:00pm Pickle Ball-Wed and Fri	8:00am - 3:00pm VITA 8:00am - 2:00pm VITA 8:00am - 8:00pm Volunteer Connect 55+

Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the event or activity to verify that there have been no program changes.

Passmore Center Activity Calendar

February 2020 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

(Continued) 2	(Continued) 3 12:45pm - 1:45pm American Sign Language III 1:00pm - 1:45pm Line Dance Beginners 2:00pm - 4:00pm American Sign Language I 2:00pm - 3:30pm Line Dance-Mondays 3:00pm - 5:00pm Oil Painting 3:00pm - 5:00pm Moving Forward Live AFG 3:30pm - 5:00pm Pickleball for Parkinson's 4:30pm - 6:00pm Tarheel Depression Glass Cl 4:30pm - 5:30pm Tai Chi -Chen Begin 5:00pm - 8:00pm Pickle Ball-Monday 5:30pm - 8:00pm Dinner with David 5:30pm - 8:00pm Cooking and Dinner with Dav 5:30pm - 7:30pm Watercolor-Beginning 6:00pm - 8:00pm Pottery Class-Eve 6:00pm - 6:50pm Tai Chi Wu/Hao	(Continued) 4 2:00pm - 3:30pm Acrylic Painting 2:00pm - 3:00pm Newcomers' Welcome-Feb 3:00pm - 5:30pm Corn Hole 3:30pm - 5:00pm Project EngAGE-SALT 6:00pm - 8:00pm Open Pottery Studio 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class	(Continued) 5 12:30pm - 4:00pm Contract Bridge 1:00pm - 4:00pm Wood Carving Club 2:00pm - 5:00pm Pickle Ball-Wed and Fri 3:00pm - 5:00pm Mah Jong for Beginners 4:00pm - 6:00pm Sew What Sewing Group 6:00pm - 7:30pm Wood Carving Club-Evening 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class	(Continued) 6 4:00pm - 5:30pm Fused Glass-Feb 5:30pm - 7:30pm Watercolor-Intermediate 6:00pm - 8:30pm Breaking the Silence and Sh 6:00pm - 8:00pm Moving Forward Live AFG	(Continued) 7	(Continued) 8
8:00am - 8:00pm Volunteer Connect 55+ 9	8:00am - 5:00pm Billiards 10	8:00am - 5:00pm Billiards 11	8:00am - 3:00pm VITA 12	8:00am - 5:00pm Billiards 13	8:00am - 11:00am Table Tennis 14	8:00am - 3:00pm VITA 15

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Passmore Center Activity Calendar

February 2020 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i>	9	<i>(Continued)</i>	10	<i>(Continued)</i>	11	<i>(Continued)</i>	12	<i>(Continued)</i>	13	<i>(Continued)</i>	14	<i>(Continued)</i>	15
		8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 2:00pm VITA	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm VITA	8:00am - 2:00pm VITA	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:00am - 2:00pm VITA	8:00am - 2:00pm VITA
		8:45am - 9:45am Pacesetter Class	8:30am - 9:30am Hula Hooping	8:00am - 5:00pm Billiards	8:30am - 9:30am Hula Hooping	8:00am - 5:00pm Billiards	8:00am - 5:00pm Billiards	8:30am - 9:30am Hula Hooping	8:30am - 9:30am Hula Hooping	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+	8:00am - 8:00pm Volunteer Connect 55+
		9:00am - 12:00pm Memory Screening	9:00am - 10:00am Tap Dance-Beginners	8:00am - 8:00pm Volunteer Connect 55+	9:00am - 10:00am Tap Dance-Beginners	8:00am - 8:00pm Volunteer Connect 55+	9:00am - 10:00am Tap Dance-Beginners	9:30am - 11:30am Blood pressure check	9:30am - 11:30am Blood pressure check	9:00am - 4:00pm Physical Function Screen	9:00am - 4:00pm Physical Function Screen	9:00am - 4:00pm Physical Function Screen	9:00am - 4:00pm Physical Function Screen
		10:00am - 10:50am Gentle Joy of Yoga	10:00am - 11:00am Tap Dance-Intermediate	8:30am - 9:20am Art of Balance	10:00am - 11:00am Tap Dance-Intermediate	8:30am - 9:20am Art of Balance	10:00am - 11:00am Tap Dance-Intermediate	10:00am - 10:50am Gentle Joy of Yoga	10:00am - 10:50am Gentle Joy of Yoga	10:00am - 11:30am French-Beginning	10:00am - 11:30am French-Beginning	10:00am - 11:30am French-Beginning	10:00am - 11:30am French-Beginning
		10:00am - 10:50am Aerobics	10:00am - 11:00am Inspirational Topics	8:45am - 9:45am Pacesetter Class	10:00am - 11:00am Inspirational Topics	8:45am - 9:45am Pacesetter Class	10:00am - 11:00am Inspirational Topics	10:00am - 1:00pm Creative Crafters	10:00am - 1:00pm Creative Crafters	10:00am - 1:00pm Open Artist Studio/Crochet a	10:00am - 1:00pm Open Artist Studio/Crochet a	10:00am - 1:00pm Open Artist Studio/Crochet a	10:00am - 1:00pm Open Artist Studio/Crochet a
		10:00am - 12:30pm Open Pottery Studio	10:00am - 1:00pm Passmore Piece Makers Quil	9:00am - 4:00pm Fit Feet-Feb	10:00am - 12:30pm Open Pottery Studio	9:00am - 4:00pm Fit Feet-Feb	10:00am - 12:30pm Open Pottery Studio	10:00am - 11:15am Strong and Steady	10:00am - 11:15am Strong and Steady	11:00am - 11:45am Silver Sneakers Strength Fri	11:00am - 11:45am Silver Sneakers Strength Fri	11:00am - 11:45am Silver Sneakers Strength Fri	11:00am - 11:45am Silver Sneakers Strength Fri
		10:30am - 12:30pm American Sign Language II	10:00am - 11:15am Strong and Steady	9:00am - 11:00am Leatherworks	10:30am - 12:30pm American Sign Language II	9:00am - 11:00am Leatherworks	10:30am - 12:30pm American Sign Language II	11:00am - 1:00pm Table Tennis	11:00am - 1:00pm Table Tennis	12:30pm - 4:00pm Contract Bridge	12:30pm - 4:00pm Contract Bridge	12:30pm - 4:00pm Contract Bridge	12:30pm - 4:00pm Contract Bridge
		10:30am - 11:30am Savvy Savers Couponing	11:00am - 12:30pm Gyrokinesis Happy Moves	10:00am - 10:50am Aerobics	10:30am - 11:30am Savvy Savers Couponing	10:00am - 10:50am Aerobics	10:30am - 11:30am Savvy Savers Couponing	1:00pm - 2:30pm Caregiver's Support	1:00pm - 2:30pm Caregiver's Support	1:30pm - 3:30pm Open Pottery Studio	1:30pm - 3:30pm Open Pottery Studio	1:30pm - 3:30pm Open Pottery Studio	1:30pm - 3:30pm Open Pottery Studio
		11:00am - 11:45am Silver Sneakers-Mondays an	11:00am - 12:00pm Take off pounds sensibly	10:00am - 12:00pm Karaoke Sing A Long	11:00am - 11:45am Silver Sneakers-Mondays an	10:00am - 12:00pm Karaoke Sing A Long	11:00am - 11:45am Silver Sneakers-Mondays an	2:00pm - 3:30pm Retirement for Boomers	2:00pm - 3:30pm Retirement for Boomers	2:00pm - 3:30pm Beginning Ukulele Lessons	2:00pm - 3:30pm Beginning Ukulele Lessons	2:00pm - 3:30pm Beginning Ukulele Lessons	2:00pm - 3:30pm Beginning Ukulele Lessons
		12:30pm - 2:30pm Pottery Class Mon	12:00pm - 12:15pm Tell All	10:30am - 12:00pm Nifty Knitters	12:30pm - 2:30pm Pottery Class Mon	10:30am - 12:00pm Nifty Knitters	12:30pm - 2:30pm Pottery Class Mon	4:00pm - 5:30pm Fused Glass-Feb	4:00pm - 5:30pm Fused Glass-Feb	2:00pm - 4:00pm Hot Chocolate Bar & Name T	2:00pm - 4:00pm Hot Chocolate Bar & Name T	2:00pm - 4:00pm Hot Chocolate Bar & Name T	2:00pm - 4:00pm Hot Chocolate Bar & Name T
		12:30pm - 4:00pm Contract Bridge	12:00pm - 12:30pm Tell All	11:00am - 11:45am Silver Sneakers-Mondays an	12:30pm - 4:00pm Contract Bridge	11:00am - 11:45am Silver Sneakers-Mondays an	12:30pm - 4:00pm Contract Bridge	5:30pm - 7:30pm Watercolor-Intermediate	5:30pm - 7:30pm Watercolor-Intermediate				
		12:45pm - 1:45pm American Sign Language III	12:30pm - 1:30pm Passmore Singing Group	11:15am - 12:00pm Salli's Seated Workout	12:45pm - 1:45pm American Sign Language III	11:15am - 12:00pm Salli's Seated Workout	12:45pm - 1:45pm American Sign Language III	6:00pm - 8:30pm Breaking the Silence and Sh	6:00pm - 8:30pm Breaking the Silence and Sh				
		1:00pm - 3:00pm Travel Club	12:30pm - 5:00pm Acupuncture	12:30pm - 2:30pm Beginning Pottery-Wed	1:00pm - 3:00pm Travel Club	12:30pm - 2:30pm Beginning Pottery-Wed	1:00pm - 3:00pm Travel Club	6:00pm - 8:00pm Moving Forward Live AFG	6:00pm - 8:00pm Moving Forward Live AFG				
		1:00pm - 2:00pm Service Animal Awareness	1:00pm - 2:30pm Line Dance-Tuesday	12:30pm - 4:00pm Contract Bridge	1:00pm - 2:00pm Service Animal Awareness	12:30pm - 4:00pm Contract Bridge	1:00pm - 2:00pm Service Animal Awareness						
		1:00pm - 1:45pm Line Dance Beginners	1:00pm - 3:00pm Advisory Board on Aging	1:00pm - 4:00pm Wood Carving Club	1:00pm - 1:45pm Line Dance Beginners	1:00pm - 4:00pm Wood Carving Club	1:00pm - 1:45pm Line Dance Beginners						
		2:00pm - 4:00pm American Sign Language I	2:00pm - 3:30pm Acrylic Painting	2:00pm - 5:00pm Pickle Ball-Wed and Fri	2:00pm - 4:00pm American Sign Language I	2:00pm - 5:00pm Pickle Ball-Wed and Fri	2:00pm - 4:00pm American Sign Language I						
		2:00pm - 3:30pm Line Dance-Mondays	3:00pm - 5:30pm Corn Hole	3:00pm - 5:00pm Mah Jong for Beginners	2:00pm - 3:30pm Line Dance-Mondays	3:00pm - 5:30pm Corn Hole	2:00pm - 3:30pm Line Dance-Mondays						

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Passmore Center Activity Calendar

February 2020 (Continued)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p><i>(Continued)</i> 9</p>	<p><i>(Continued)</i> 10 3:00pm - 5:00pm Oil Painting 3:00pm - 5:00pm Moving Forward Live AFG 3:30pm - 5:00pm Pickleball for Parkinson's 4:30pm - 5:30pm Tai Chi -Chen Begin 5:00pm - 8:00pm Pickle Ball-Monday 5:30pm - 8:00pm Dinner with David 5:30pm - 8:00pm Cooking and Dinner with Dav 5:30pm - 7:30pm Watercolor-Beginning 6:00pm - 8:00pm Pottery Class-Eve 6:00pm - 6:50pm Tai Chi Wu/Hao</p>	<p><i>(Continued)</i> 11 3:30pm - 4:30pm International Women & Girls 6:00pm - 8:00pm Nimble Thimbles 6:00pm - 8:00pm Open Pottery Studio 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class</p>	<p><i>(Continued)</i> 12 4:00pm - 6:00pm Sew What Sewing Group 6:00pm - 7:30pm Wood Carving Club-Evening 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class</p>	<p><i>(Continued)</i> 13</p>	<p><i>(Continued)</i> 14</p>	<p><i>(Continued)</i> 15</p>
<p>8:00am - 8:00pm Volunteer Connect 55+ 16</p>	<p>8:00am - 5:00pm Billiards 17 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 9:30am - 11:00am Friends of Passmore 10:00am - 10:50am Gentle Joy of Yoga 10:00am - 10:50am Aerobics</p>	<p>8:00am - 5:00pm Billiards 18 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 10:00am - 11:00am Tap Dance-Intermediate 10:00am - 11:00am Inspirational Topics</p>	<p>8:00am - 3:00pm VITA 19 8:00am - 2:00pm VITA 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:20am Art of Balance 8:45am - 9:45am Pacesetter Class</p>	<p>8:00am - 5:00pm Billiards 20 8:00am - 9:00am Hillsborough Senior Striders 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:30am Hula Hooping 9:30am - 11:30am Blood pressure check 10:00am - 10:50am Gentle Joy of Yoga</p>	<p>8:00am - 11:00am Table Tennis 21 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 9:00am - 4:00pm Physical Function Screen 10:00am - 11:30am French-Beginning 10:00am - 1:00pm Open Artist Studio/Crochet a</p>	<p>8:00am - 3:00pm VITA 22 8:00am - 2:00pm VITA 8:00am - 8:00pm Volunteer Connect 55+</p>

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Passmore Center Activity Calendar

February 2020 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i>	16	<i>(Continued)</i>	17	<i>(Continued)</i>	18	<i>(Continued)</i>	19	<i>(Continued)</i>	20	<i>(Continued)</i>	21	<i>(Continued)</i>	22
		10:00am - 12:30pm Open Pottery Studio	10:00am - 1:00pm Passmore Piece Makers Quil	10:00am - 1:00pm Passmore Piece Makers Quil	9:00am - 11:00am Leatherworks	10:00am - 1:00pm Creative Crafters	10:00am - 1:00pm Creative Crafters	11:00am - 11:45am Silver Sneakers Strength Fri					
		10:30am - 11:30am Savvy Savers Couponing	10:00am - 11:15am Strong and Steady	10:00am - 11:15am Strong and Steady	10:00am - 10:50am Aerobics	10:00am - 11:00am Heartmath	10:00am - 11:00am Heartmath	12:30pm - 4:00pm Contract Bridge					
		10:30am - 12:30pm American Sign Language II	11:00am - 12:30pm Gyrokinesis Happy Moves	11:00am - 12:30pm Gyrokinesis Happy Moves	10:00am - 12:00pm Karaoke Sing A Long	10:00am - 11:15am Strong and Steady	10:00am - 11:15am Strong and Steady	1:30pm - 3:30pm Open Pottery Studio					
		11:00am - 11:45am Silver Sneakers-Mondays an	11:00am - 12:00pm Take off pounds sensibly	11:00am - 12:00pm Take off pounds sensibly	10:30am - 12:00pm Nifty Knitters	11:00am - 1:00pm Table Tennis	11:00am - 1:00pm Table Tennis	2:00pm - 3:30pm Beginning Ukulele Lessons					
		12:30pm - 4:00pm Contract Bridge	12:30pm - 1:30pm Passmore Singing Group	12:30pm - 1:30pm Passmore Singing Group	11:00am - 11:45am Silver Sneakers-Mondays an	2:00pm - 3:30pm Retirement for Boomers	2:00pm - 3:30pm Retirement for Boomers	2:00pm - 5:00pm Pickle Ball-Wed and Fri					
		12:45pm - 1:45pm American Sign Language III	12:30pm - 5:00pm Acupuncture	12:30pm - 5:00pm Acupuncture	11:15am - 12:00pm Salli's Seated Workout	3:30pm - 4:30pm Laughter Yoga-Feb 20	3:30pm - 4:30pm Laughter Yoga-Feb 20	2:00pm - 3:00pm Snacks and Learn					
		1:00pm - 1:45pm Line Dance Beginners	1:00pm - 2:30pm Line Dance-Tuesday	1:00pm - 2:30pm Line Dance-Tuesday	12:30pm - 2:30pm Beginning Pottery-Wed	4:00pm - 5:30pm Fused Glass-Feb	4:00pm - 5:30pm Fused Glass-Feb						
		2:00pm - 4:00pm American Sign Language I	2:00pm - 3:30pm Acrylic Painting	2:00pm - 3:30pm Acrylic Painting	12:30pm - 4:00pm Contract Bridge	5:30pm - 7:30pm Watercolor-Intermediate	5:30pm - 7:30pm Watercolor-Intermediate						
		2:00pm - 3:30pm Line Dance-Mondays	2:00pm - 3:00pm TED Talks-Feb	2:00pm - 3:00pm TED Talks-Feb	1:00pm - 4:00pm Wood Carving Club	6:00pm - 8:00pm Moving Forward Live AFG	6:00pm - 8:00pm Moving Forward Live AFG						
		3:00pm - 5:00pm Oil Painting	3:00pm - 5:30pm Corn Hole	3:00pm - 5:30pm Corn Hole	2:00pm - 4:00pm Love, Peace, and Music Sho								
		3:00pm - 5:00pm Moving Forward Live AFG	6:00pm - 8:00pm Open Pottery Studio	6:00pm - 8:00pm Open Pottery Studio	3:00pm - 5:00pm Mah Jong for Beginners								
		3:30pm - 5:00pm Pickleball for Parkinson's	6:00pm - 8:00pm Sportsplex	6:00pm - 8:00pm Sportsplex	4:00pm - 6:00pm Sew What Sewing Group								
		4:30pm - 5:30pm Tai Chi -Chen Begin	6:00pm - 8:00pm Sportsplex Class	6:00pm - 8:00pm Sportsplex Class	6:00pm - 7:30pm Wood Carving Club-Evening								
		5:00pm - 8:00pm NCCU Alumni Association			6:00pm - 8:00pm Sportsplex								
		5:00pm - 8:00pm Pickle Ball-Monday			6:00pm - 8:00pm Sportsplex Class								
		5:30pm - 8:00pm Dinner with David											
		5:30pm - 8:00pm Cooking and Dinner with Dav											

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Passmore Center Activity Calendar

February 2020 (Continued)

Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

<i>(Continued)</i> 16	<i>(Continued)</i> 17 5:30pm - 7:30pm Watercolor-Beginning 6:00pm - 6:50pm Tai Chi Wu/Hao 6:00pm - 8:00pm Pottery Class Eve	<i>(Continued)</i> 18	<i>(Continued)</i> 19	<i>(Continued)</i> 20	<i>(Continued)</i> 21	<i>(Continued)</i> 22
23 8:00am - 8:00pm Volunteer Connect 55+	24 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:45am - 9:45am Pacesetter Class 10:00am - 10:50am Gentle Joy of Yoga 10:00am - 10:50am Aerobics 10:00am - 12:30pm Open Pottery Studio 10:30am - 11:30am Savvy Savers Couponing 10:30am - 12:30pm American Sign Language II 11:00am - 11:45am Silver Sneakers-Mondays an 12:30pm - 2:30pm Pottery Class Mon 12:30pm - 4:00pm Contract Bridge 12:45pm - 1:45pm American Sign Language III 1:00pm - 1:45pm Line Dance Beginners	25 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:30am Hula Hooping 9:00am - 10:00am Tap Dance-Beginners 9:00am - 11:00am SEANC 10:00am - 11:00am Tap Dance-Intermediate 10:00am - 11:00am Inspirational Topics 10:00am - 1:00pm Passmore Piece Makers Quil 10:00am - 11:15am Strong and Steady 11:00am - 12:30pm Gyrokinesis Happy Moves 11:00am - 12:00pm Take off pounds sensibly 12:00pm - 12:15pm Tell All 12:00pm - 12:30pm Tell All	26 8:00am - 3:00pm VITA 8:00am - 2:00pm VITA 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:20am Art of Balance 8:45am - 9:45am Pacesetter Class 9:00am - 4:00pm Fit Feet-Feb 9:00am - 11:00am Leatherworks 10:00am - 10:50am Aerobics 10:00am - 12:00pm Karaoke Sing A Long 10:30am - 11:30am Book Club 10:30am - 12:00pm Nifty Knitters 11:00am - 11:45am Silver Sneakers-Mondays an	27 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 8:30am - 9:30am Hula Hooping 9:30am - 11:30am Blood pressure check 10:00am - 11:00am Legal Aid 10:00am - 10:50am Gentle Joy of Yoga 10:00am - 1:00pm Creative Crafters 10:00am - 11:15am Strong and Steady 11:00am - 1:00pm Legal Aid 11:00am - 1:00pm Table Tennis 1:00pm - 2:30pm Caregiver's Support 1:30pm - 3:30pm Advanced Watercolor 4:00pm - 5:30pm Fused Glass-Feb	28 8:00am - 11:00am Table Tennis 8:00am - 5:00pm Billiards 8:00am - 8:00pm Volunteer Connect 55+ 10:00am - 11:30am French-Beginning 10:00am - 1:00pm Open Artist Studio/Crochet a 11:00am - 11:45am Silver Sneakers Strength Fri 12:00pm - 1:30pm Dine and Dash 12:30pm - 4:00pm Contract Bridge 1:30pm - 3:30pm Open Pottery Studio 2:00pm - 3:30pm Beginning Ukulele Lessons 7:30pm - 10:00pm The Odd Couple: Female Ve	29 8:00am - 3:00pm VITA 8:00am - 2:00pm VITA 8:00am - 8:00pm Volunteer Connect 55+ 2:00pm - 5:00pm The Odd Couple: Female Ve

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Passmore Center Activity Calendar

February 2020 (Continued)

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

(Continued) 23	(Continued) 24	(Continued) 25	(Continued) 26	(Continued) 27	(Continued) 28	(Continued) 29
	2:00pm - 4:00pm American Sign Language I 2:00pm - 3:30pm Line Dance-Mondays 3:00pm - 5:00pm Oil Painting 3:00pm - 5:00pm Moving Forward Live AFG 3:30pm - 5:00pm Pickleball for Parkinson's 4:30pm - 5:30pm Tai Chi -Chen Begin 5:00pm - 8:00pm Pickle Ball-Monday 5:30pm - 8:00pm Dinner with David 5:30pm - 8:00pm Cooking and Dinner with Dav 5:30pm - 7:30pm Watercolor-Beginning 6:00pm - 6:50pm Tai Chi Wu/Hao 6:00pm - 8:00pm Pottery Class Eve	12:30pm - 1:30pm Passmore Singing Group 12:30pm - 5:00pm Acupuncture 1:00pm - 2:30pm Line Dance-Tuesday 2:00pm - 3:30pm Acrylic Painting 3:30pm - 5:30pm Fat Tuesday Mardi Gras Din 6:00pm - 8:00pm Nimble Thimbles 6:00pm - 8:00pm Open Pottery Studio 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class	11:15am - 12:00pm Salli's Seated Workout 12:30pm - 2:30pm Beginning Pottery-Wed 12:30pm - 4:00pm Contract Bridge 1:00pm - 4:00pm Wood Carving Club 2:00pm - 5:00pm Pickle Ball-Wed and Fri 2:00pm - 4:00pm Aging in Place 4:00pm - 6:00pm Sew What Sewing Group 6:00pm - 7:30pm Wood Carving Club-Evening 6:00pm - 8:00pm Sportsplex 6:00pm - 8:00pm Sportsplex Class 6:30pm - 7:30pm Standing Guard: Protect Inve	5:30pm - 7:30pm Watercolor-Intermediate 6:00pm - 8:00pm Moving Forward Live AFG 7:30pm - 10:00pm The Odd Couple: Female Ve		

Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 prior to the even or activity to verify that there have been no program changes.

